MEDICONTUR

Vision of Expertise

Dear Patient,

You have been implanted with the SML – the Scharioth Macula Lens.

Please hold this sheet at approximately 15 cm (6") from your operated eye to read further instructions below.

These instructions provide useful information that will help your recovery after the implantation. Train your eyes daily to get accustomed to SML: spend at least 2 times 20 minutes every day reading a newspaper or book. **Remember: you need to hold the text at approx. 15 cm from your operated eye when reading.**

Do not touch or rub your eye. This may result in corneal abrasions, which can cause severe pain. You may resume non-exhaustive activities such as quick walking, watching TV or using the computer immediately after surgery. You may shower or bath when you get home, but avoid getting water in your eye during the first two weeks. Do not use creams, lotions and make-up around the operated eye either. Do not swim, lift weights, or engage in activities risking direct impact to your eye during the first two weeks after surgery.

It is necessary to check the healing process carefully to prevent infections or other complications, thus your ophthalmologist should give you exact dates for regurarly check-up after the surgery. She/he will help you also detailed explain you how to train your eyes to speed-up rehabilitation of your vision. After the surgery, you may experience Eye pain, eye redness, increased light sensitivity, itching, blurred or distorted vision, decreased visual acuity, visual disturbances.

If any of these symptoms persist for more than one day, please contact your doctor immediately. If you have further questions, do not hesitate to ask them – we are always available to help you.

Contact:

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